Registered number: 08066413 Charity number: 1147861

ENERGIZE SHROPSHIRE TELFORD AND WREKIN

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020

Whittingham Riddell

chartered accountants

ENERGIZE SHROPSHIRE TELFORD AND WREKIN

(A company limited by guarantee)

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2020

Trustees

J Buckley

K Dobson F Fortune L Izquierdo

J Minor (resigned 1 May 2019)

B Nicholls

L Picton (resigned 1 May 2019)

R Sheldon

D Sherratt (resigned 24 October 2019)

J Williamson (appointed 25 July 2019, resigned 29 April 2020)

Company registered

number

08066413

Charity registered

number

1147861

Registered office

The Guildhall Frankwell Quay Shrewsbury Shropshire SY3 8HQ

Company secretary

H Madden

Chief executive officer

C Child

Independent auditors

Whittingham Riddell LLP Shrewsbury Business Park

Belmont House Shrewsbury SY2 6LG

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2020

The Trustees present their annual report together with the audited financial statements of the Charitable Company for the year 1 April 2019 to 31 March 2020. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) as amended by Update Bulletin 1 (effective January 2015).

Since the Charitable Company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Mission

We are a local charity and one of 43 organisations within the Active Partnerships network who work collaboratively with local and national partners to create the conditions for an active nation using the power of sport and physical activity to transform lives.

At Energize, we're on a mission to influence change at all levels so that living an active lifestyle is normal behaviour for individuals, organisations and the whole of society. We strive to tackle inactivity and address inequalities in participation. Our aim is to make sure that equality, diversity and inclusion run through everything we do as an organisation.

We have identified the following four objectives for our work;

- Work with new organisations to reach inactive audiences and empower them to use physical activity as a vehicle for change
- 2. Explore innovative approaches and partnerships to encourage those who are occasionally active to make physical activity / sport a regular habit
- 3. Help deliverers to sustain and improve their provision whilst considering new audiences and approaches
- 4. To become a renowned local charity that achieves the highest standards of governance and a balance of national and local investors

b. Strategies for achieving objectives

By looking at the communities of Shropshire, Telford and Wrekin, Energize identified four priority audiences to focus on over the next few years using physical activity and sport as a means to improve lives. These four audiences fit with our strategic objectives as shown below:

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

INDEPENDENCE IN LATER LIFE

Drivers of change

'A large number of people in the county are over 65 and have dementia – set to increase by 55% by 2025. Dementia costs an average of £32k per person each year'.

'Shropshire reports a high number of falls – costing almost £7k every time there is an injurious fall. 30% die within a year of falling'.

'30,609 people in Telford & Wrekin have a long term health problem or disability. This figure represents 66% of those aged 75-84, compared to the national average of 61%'.

ACTIVE AGEING – Biological age 45-70

Drivers of change

'Shropshire is a more active county, with just 19% inactive compared to the 24% average regionally. 69% achieve 150 minutes of activity per week compared to the regional average of 63%'.

'1/3 of the Shropshire population will be over 65 by 2033 - rising to 45% in the South'.

'As you get older, you're more likely to be inactive. 42% of people over 55+ are inactive compared to 29% of the adult population. Biological age and wellbeing can vary greatly depending on lifestyle choices'.

BUILDING ACTIVE FAMILIES

Drivers of change

'4/5 young people aged 5-15 are not active enough. Children tend to be more active when their parents themselves are more active'.

'Those from lower socioeconomic families are much less likely to be active - 1/3 of all of English families and 23 areas across Shropshire County who are the within the 20% most derived nationally'.

'There is no 'typical' family and each household faces their own challenges. A quarter of households in Telford are lone parents and almost 90% of them are female'.

'Research into the family environment and being physically active is limited and as such raises great opportunities for learning'.

STABILISING YOUNG LIVES – Ages 13-25

Drivers of change

'Young people are more likely to become inactive adults if they come from a lower social economic group. Our County has 16 areas that are within the 10% most deprived nationally. 15 of those are located within Telford & Wrekin'.

'Shropshire has significantly more care homes than the national average'.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

'Telford and Wrekin have the most Young People Not in Education, Employment or Training (NEETS) aged 16-18 nationally. This group is 5 times more likely to have a criminal record and twice as likely to be depressed'.

'Each young person in prison costs the economy 37k per year'.

c. Main activities undertaken to further the Charitable Company's purposes for the public benefit

Energize STW exists to promote community participation in healthy recreation for the benefit of the inhabitants of Shropshire, Telford and Wrekin and the surrounding area and in particular to provide, or to assist in providing, and to promote:

- (1) public facilities, amenities, equipment and services for healthy recreation;
- (2) facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services:
- (3) the improvement and preservation of good health and well being through participation in healthy recreation:

We work with other organisations in the following ways;

- As a project partner either leading or supporting the development and delivery of projects
- As an independent adviser sharing our expertise and local insight, providing an independent
 perspective on behalf of the sport / physical activity sector, connecting with others in and across our
 network and facilitating / brokering discussions to identify ways forward
- As an expert enabler brought in to undertake a piece of exploratory work to develop or identify a business case and / or further insight into a local sport / physical activity issue

The local picture

Active Lives

Since 2015, activity levels have been captured by Sport England's 'Active Lives' survey. Findings demonstrate the national and local picture in relation to the public achieving the Chief Medical Officer guidelines (the recommendations for daily activity to achieve benefits to health) and can also be analysed according to localities, individual characteristics and activities.

- Nationally, activity levels were on the rise and inactivity was falling before the coronavirus (Covid-19) outbreak. In the 12 months to November 2019, the figures show 28.6 million adults were active i.e. doing at least 150 minutes of moderate intensity physical activity a week. (63.3% of the nation's population).
- The results also show there were 159,500 fewer inactive people those not doing at least 30 minutes of moderate intensity physical activity a week than the previous 12 months.
- The report shows the increase in activity is being driven by rises in the numbers of women, adults aged 55+ and disabled people or people with long-term health conditions being active.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

However, the national picture is driven by only two regions – The East and Yorkshire & Humber, all other
areas of England, including Shropshire, Telford & Wrekin were reported as 'no change' across all three
categories.

In 2017, Sport England introduced the Active Lives Children & Young People survey.

- At a local level, there has been a decrease in young people who are inactive (i.e. less than an average of 30 minutes a day) in both Shropshire (-8%) and Telford & Wrekin (-13.7%).
- In addition, Telford & Wrekin has had a statistically significant increase in those who are active (i.e. more than an average of 60 minutes a day) by 15.8%).

Investment into the local sector

Reports show a total of £1,356,500 was invested into Shropshire and Telford and Wrekin throughout the year by national funders. £500k of Sport England funding was invested into British Gymnastics in Lilleshall, and the remaining amounts, were mainly through Sport England and National Lottery 'Awards for All' grants of less than £10k or facility funding. These were directed to local community projects in developing school facilities, community programmes and sports facilities. The following patterns were noted:

- Overall, there were considerably more bids awarded to benefit young people.
- The number of grants awarded under £10k are consistent with previous years. This reduced greatly in early 2020, but we know that the local flooding would have had an impact and relief grants may have been accessed during this period.
- All the larger grants above £10k awarded to community organisations were purely for capital projects to improve or create facilities.
- Sport England invested £317k into Energize's core community programmes such as workforce development and satellite clubs.
- Sport England's investment strategy now includes significant investment into a relatively small number of pilot areas nationally. This approach is likely to have impacted on our ability to secure partnership wide projects and programmes. Other sources of funding are being explored.

Our approach

Our commitment to reaching inactive audiences has transformed the way we engage local people and our team are evolving to enhance existing, and develop new systems, services and skills.

Creating trusted referral pathways

This year Energize have received nearly 400 referrals across 50 local organisations.

The demand for referral led projects has been increasing and Energize are growing in ability to meet the needs of local professionals and the public. The referral pathways create a continuous journey into activity for inactive and often vulnerable people.

Linking with social prescribing initiatives (encouraging professionals to prescribe positive activities in the community instead of medication and treatments) has been key to success and there is demand for growth. We have gained trust by providing a high standard of customer service, by liasing directly with GP's to understand individual health needs, contributing to local data sharing platforms and adopting systematic processes such as encrypted email accounts.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

- We received referrals for vulnerable young people from West Mercia Police, social workers, local charitable organisations, care homes and pupil referral units.
- Health referrals include those from the falls therapy team, GP's, the public, community and care coordinators, physiotherapists and local charities.

After referring to the More than Sport project.... "the excellent work that your organisation carries out provides such a positive outlet and opportunity for our young people".

Nurturing an effective workforce

Workforce is key to ensuring that local people have a positive experience of leading an active lifestyle and we need to create an environment of learning, mentoring and development to empower those working and volunteering in our community.

We aim to nurture and develop a workforce that can meet the needs of local people, particularly those who are currently inactive. We have adopted two approaches. Firstly, providing activator training for those that work alongside inactive populations, e.g. providing a care worker with an inclusive activity training course, or secondly, providing qualified sports coaches with experiences and training to understand harder to reach audiences e.g. training in overcoming addictive behaviours.

The Energize team itself is broadening in skill, and gaining qualifications including cardiac rehabilitation, child criminal exploitation and dementia, which enables us to understand and reach out to new audiences.

Our training offer has diversified to help develop the life skills of the local existing and new workforce. 15 courses in safeguarding, mental health and emergency first aid, managing challenging behaviour and much more, were attended by 227 individuals.

A further 45 education professionals from 39 schools attended CPD across 5 swimming courses:

"I now have a better understanding of how to teach them using 'fun' activities/games and have a better understanding of how to approach water safety before and inside the pool"

Feedback from a local teacher

Marketing & Communications

Our approach across the year was to grow the number of relevant followers on all our social media channels in order to extend the awareness of Energize and the impact of our work. We also launched a new website at the beginning of the year which has been key to sharing our stories in a clear and accessible way. Overall, we have grown followers by 8% and website usage by 6%.

Also, during 19/20, we entered the world of charitable fundraising to provide an additional income stream to allow us to expand our work and reduce reliance on a limited number of funds. 10 runners supported Energize across three local and national running events and raised £4,205 in total. This brief introduction into fundraising has shown us what is possible if we select the right events and get the right people onboard.

Strategic partnerships

Energize continue to collaborate with a wide range of other organisations to improve lives. We fully recognise that encouraging and influencing behaviour change requires lots of organisations and systems to see the benefits that can be realised from an active lifestyle and to consider the impact of various community, health, transport and economic policies. We continue to be active members of the local Voluntary Community Sector

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

Assembly, Shropshire Early Help Board, Telford & Wrekin Sport and Recreation Trust and maintain / monitor contact at a significant level with 74 individuals from 48 different organisations via our stakeholder mapping tool.

Actio Partnership

We have worked closely with Shropshire Council and voluntary sector partners to discuss the development of the non-assessed Short Breaks service for young people with disabilities and their families. We have explored how the council and the voluntary sector can work more collaboratively to use our strengths to both improve and develop opportunities that enrich and support the lives of some of the most vulnerable people in Shropshire. We have achieved the following positive outcomes:

- Alongside voluntary sector partners, we have created the new 'Actio' partnership which will bid collaboratively to attract greater investment to grow and enhance local provision.
- Identified different models including development events and seminars to influence the system in which
 the programme operates, which will empower activity providers to become more sustainable and
 innovative.
- Enable Shropshire Council and the Actio partnership to gather more insight and consult with local people to help shape future services.
- Established a constructive relationship with commissioners to enable projects and contracts to be awarded in an efficient, robust manner that is mutually beneficial.

Becoming insight led

Energize are committed to working with local people and those that support them, to understand the goals they wish to achieve and the challenges to overcome.

The team are growing in their abilities to be data and insight led, which involves listening to the needs of the local community to influence the way that local activities are provided. This work is continuous, and we are still on a journey to understand the most efficient and meaningful ways to capture 'social impact', the effect that our projects have on people's wellbeing.

Engaging families pilot project:

Partnering with Telford & Wrekin's Health Improvement team, we engaged with a selection of primary schools in differing areas to understand local families, their activity levels, and their access to technology. 505 people across 104 households responded. The information that came out of this work showed that areas of higher deprivation did the least amount of activity and were less likely to be active together or utilise technology to enhance their activity.

From the insight gained we created templates for 'wellness weeks' and 'holiday challenges' that supported schools to engage families to be more active. The templates included ideas and links to different activities that incorporated health and wellbeing which families could undertake together.

Feedback from local families was positive:

- "Loved the geo-caching. Never tried that before"
- "Really enjoyed getting out with all the kids"
- "A new use for my phone"

ENERGIZE SHROPSHIRE TELFORD AND WREKIN

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

Understanding long-term health conditions for local people:

Energize has embraced and advocated the findings of the Richmond Group research, led by a group of nationally leading charities who represent a wide range of long-term health conditions including the MS Society, Age UK, MIND and the Stroke Association. We have advocated the 'We are Undefeatable' campaign locally with several voluntary sector partners and identified that greater understanding was needed of people locally with long term health conditions. Consequently, we...

- Completed research with our local activity providers to understand how ready they are to work with local people with health conditions, and what future support they welcomed.
- Worked with local partners to promote the campaign and encouraged local people to talk to us about their experiences.
- Gathered qualitative information through 1-to-1 interviews, to represent a variety of conditions and experiences.
- Highlighted local people who can be called upon to influence the development of future local projects to ensure they are inclusive.

We look forward to using this insight to become more involved in the future evolution of social prescribing and exploring how we can support the growth of useful and appealing provision for this audience.

Empowering the sector to thrive

Energize continue to work with local authorities and other community providers across Shropshire and Telford and Wrekin supporting physical activity and sporting provision in their respective areas. We aim to maintain and improve provision so that it can continue to support those who are already active whilst also being improved to cater for those who would otherwise be inactive. This year both authorities have been working to either write or refresh their Playing Pitch Strategies and Energize have been involved either as a consultee in Shropshire or the author of the update in Telford & Wrekin. Typically, these strategies will protect existing provision and advise on future needs as well as investment in these key local community facilities.

In Telford & Wrekin the findings are expected to inform new ways of utilising artificial turf provision for mini football and also improvement of Rugby, Cricket and Hockey facilities in future.

Shropshire Council continue to review their approach to leisure provision and consider replacement for the swimming facilities in Shrewsbury with Energize continuing to offer local insight and connection to Sport England advice.

Energize also provided advice to 53 local community and sports organisations, offering guidance on funding, signposting, reviewing bids and delivering specialist services.

Achievements and performance

a. Main achievements of the Charitable Company

An overview of achievements from 2019/20 through our key programmes.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Achievements and performance (continued)

Older people and Elevate

The ageing population and their ability to live well independently continues to be a priority for Energize. We have influenced the development of the new 'Integrated Falls Strategy' for the County and are pleased that community-based exercise is embedded within the future health model. This system change highlights the role of physical activity and the need for earlier intervention to prevent the risk of falls in older people.

Funded by Shropshire Council to work seamlessly alongside the local falls therapy team and health partners, Elevate has successfully trained specialist community instructors to pilot different approaches to provide strength and balance classes in the community. The successful project has been extended for next year whilst the new falls strategy is implemented.

Impact of Elevate and feedback from local participants who have achieved success:

After the 20-week programme, 91%* have improved or maintained their physical capabilities and 94%* have grown in confidence

"Learning how to get up off the floor has given me the confidence to have my first bath in 2 years"

After 3 months, 98% have not experienced a fall and 85% are still exercising**

"It's easier to rise from the chair unaided, I'm more aware of my posture. My strength & knee flexibility has improved"

*Sample population of 139, **Sample population of 39

Stabilising Young Lives - supporting the most vulnerable young people

Energize serve as the local 'bridge' between the criminal justice / support sector for young people and local activity providers. Growing in recognition for our ability to gather insight and create meaningful interventions at a local level, Energize have presented at a variety of events throughout the year and were selected as part of Substance's national research for our understanding in using sport to help reduce violent crime.

Our Actively Improving Lives strategy highlights that we cannot achieve our mission alone and we continue to communicate the benefits of sport to our partners, and encourage them to adopt activity as part of the solution, not a 'nice to do'.

More than Sport Project

The project's 4th year has proved extremely successful, with many local statutory and charitable providers referring vulnerable young people at risk of offending for 1-to-1 support to find an activity to benefit them. Successful partnership working with Telford & Wrekin's 'Steer Clear' project challenged the team to work with young people who were at risk of knife crime, which provided valuable learning.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Achievements and performance (continued)

100% of those that engaged had a positive experience and 50% are still active regularly.

Using the 'Shooting Star' tool, the project demonstrated that 67% of young people had raised aspirations at the end of the project, 59% felt that they were contributing to life and making a difference. 25% felt more supported by people, which is often the most difficult aspect to achieve as many young people have personal circumstances that are challenging outside of the project.

The pilot project achieved all targets and will now successfully transfer to The Children's Society as part of the West Mercia Police & Crime Commissioner's new 'diversionary network'. The inclusion of sport within the tender was a great example of another sector using sport as a vehicle to enable young people to be 'life and job ready'. Energize have also worked with local providers to embed sport as part of their offer.

"We have changed our school timetable to include Gemma's golf session. We found that taking part really helped her manage her anger and she was calmer in class"

A local teacher

Satellite Clubs

Energize successfully secured Sport England funding to support those aged 14-19 to enjoy regular sporting activity. By targeting more vulnerable young people, the project has achieved so much more. Listening and understanding the needs of young people to co-design activities, rather than simply promoting a local sporting opportunity has proved far more successful and the project has overachieved targets whilst creating significant benefits for local young people.

"Satellite Clubs have created goals and structure, a platform to help turn their lives around. Regardless of the situation or background, they can still achieve something".

Project lead

The project benefited an additional 192 young people this year across 23 new clubs, bringing the total number of active clubs to 99. Across 25 sports, from angling to judo, young people in attendance represent many different life experiences, from pupil referral units, to those who are survivors of abuse or recovering from addictive behaviours.

"I walk 6 miles to the club sessions now. I was taking drugs to forget my trauma, so couldn't' see my children. Sport has enabled me to overcome my emotions and see that there is another way to live".

A participant referred from a local homeless charity

We continue to work with local providers to ensure these activities can become sustainable and are embedded within their communities. We are keen to develop our future offer to support the local workforce to become a network. We continue to engage nationally to share learning and attract new opportunities to benefit local young people.

School programmes

Energize have continued their work to engage and build relationships with the schools and local authorities across Shropshire and Telford and Wrekin, and with national partners. Adapting our work to support new national agendas whether linked to the chief medical officer guidelines regarding active minutes for young people or developing new ways to engage inactive young people by reframing competition.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Achievements and performance (continued)

School Games:

This year we have broadened our reach to encourage less active young people to experience healthy competition and experience the benefits of the games. This was well received, and we are keen to grow this approach utilising the new youth voice forum, which will gather the views of young people facing disadvantage, and funding from the extended Department for Education volunteering fund to engage those from lower social economic backgrounds to partake.

Less engaged and active primary aged children from 7 schools across the county were invited to attend the 'Personal Best Arena' which was part of the summer School Games primary school's festival. 113 young people attended and had the opportunity to try out different physical challenges they could practice and improve upon.

"It has been lovely to see our pupils outside enjoying themselves. We have brought a number of children with low self-esteem who have really enjoyed the experience".

"We have brought a number of children who find social situations difficult and are not naturally sporty. They have had a fabulous day".

Local primary school teachers

- A group of young people who are at risk of school exclusion were able to use their new Boxing Leaders qualification to support the running of a 'try-it' activity. Feedback regarding the activity and young people was very positive with a teacher commenting on how patient and encouraging they were to a group of children with learning disabilities.

Volunteering

We have refreshed our approach to volunteering opportunities and are now prioritising sixth form students, to provide them with meaningful experiences and skills to achieve their goals, such as applying for university, or working in events or marketing. Students were able to create, develop and run an event at the School Games festival whilst having monthly meetings to prepare and support their involvement.

Primary School Support

We are linking with national providers and sourcing innovative approaches to assist primary schools in utilising their funding. We aim to help them create the most meaningful and sustainable active opportunities that improve the quality of physical education, sport and the physical activity experience within schools. Working in partnership with the Youth Sport Trust and Telford and Wrekin Health Improvement Team, we've promoted and provided resources and support for schools linked to the 'Active 30:30' national promotion. The work involved engaging schools that have higher levels of obese and overweight pupils according to the National Child Measurement Programme.

Energize also continue to provide up to date information and resources to support schools across Shropshire and Telford and Wrekin to maximise their impact utilising the Primary Sport Premium funding they receive.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Achievements and performance (continued)

Energize your Workplace

In August 2019, we embarked on a pilot project to establish how easily we could engage with local businesses to give them knowledge and skills to support their workforces to be active before, during and after work. Six businesses attended Energize workshops and we ran bespoke in-house events for a further five businesses. This was a commercial activity which generated almost £5,000. We will be exploring the benefits and what is needed to expand and progress this area of activity.

"It was so well designed and delivered - we loved it. It was just the right mix of fun and serious messaging."

An Energize workshop delegate

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Achievements and performance (continued)

Comments from Chief Executive

It has been another tremendously busy year at Energize and of course much of what has been progressed and achieved might well have been overshadowed and overwhelmed by the outbreak of the Coronavirus pandemic and the associated lockdown that took place at the end of March. It's clear, however, that relationships which Energize have with a number of strategic partners and locally delivery organisations have enabled us to play a key role in supporting the active lifestyle agenda and the associated benefits that are derived from this.

A key strength and asset of Energize is its staff team and although there have been some key members of the team move on in their careers during this year it is also testament to the resilience of the organisation and the skill and enthusiasm of our staff that we have managed to achieve so much in this time. I would also like to thank Energize Board of Trustees for their continued time and expertise supporting our many endeavours and ensuring that we maintain the highest standards of governance in accordance with the UK Governance Code for Sport whilst also ensuring that we maintain a vibrant and can do approach to delivery of our 'Actively Improving Lives' Strategy. Whilst the future is going to be very challenging for all — not least in terms of recovering from the Covid-19 outbreak and safely returning to play in the many sport and recreation facilities and environments across our county — I am confident that at Energize we have the vision and energy to continue to grow our influence and impact across Shropshire and Telford & Wrekin.

Chris Child Chief Executive

Chair comments

This year has again proved to be very successful for Energize with some solid collaborative work performed with both our stakeholders and partners to deliver a number of successful programmes within Shropshire Telford and Wrekin, we as an organisation continue to receive supported from our principal stakeholders —Sport England and Active Partnerships which have enabled us to develop and implement a number of innovative programmes aligned to our strategic aims. Key to our success are the Energize team, who continue to work tirelessly to deliver the programmes that make a considerable contribution to the wellbeing of our community with such initiatives as "Stabilising Young Lives", "Elevate" and "School Games" to name a few.

The Energize board members continue to provide support and guidance across a number of key disciplines ensuring all facets of governance are maintained together with the appropriate level of oversight developing the drivers for future growth and sustainability. I'm pleased to report we have recruited four new board members who I know will bring fresh ideas coupled with enthusiastic levels of support which will assist in the future development of the organisation. This year we bade farewell to Dave Sherratt, who had served tirelessly as Chair during some seminal phases of the organisations development, he was replaced by James Williamson who unfortunately had to retire early due to personal and business reasons. We now enter a period of challenge and change as a result of the Covid 19 pandemic (further information is contained in the Trustees Report); however I'm confident we can, as an organisation meet these challenges as defined by both stakeholders and our community.

Ray Sheldon - Chair

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Financial review

a. Going concern

In the last week of the financial year, the Charity followed the government lockdown in response to the COVID-19 pandemic as explained on page 19. Even now with the easing of restrictions, the landscape will be very different for the foreseeable future.

We expect demand for the Charity to increase and although certain income streams to be temporarily reduced, notably our fundraising and trading income, Sport England, our main funder, has confirmed financial funding to all Active Partnerships, including Energize until at least 31st March 2022.

The trustees have reviewed revised budgets and cash flow forecasts taking into account the impact of COVID-19, specifically changes to income sources and expected expenditure for a period of more than twelve months from finalisation of these financial statements and the level of free reserves held. Following this, the trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements.

b. Reserves policy

It is the current policy and intention of the Charity to set aside sufficient Unrestricted Funds (excluding Designated Funds, if any) as a contingency against a number of unforeseen circumstances but most notably to ensure that the Charity can continue to deliver on its charitable objectives in a range of funding income scenarios.

More fundamentally, the Trustee Board wishes to retain a reasonable amount of Reserves in order to balance expense overruns from time to time and, in the appropriate circumstances, invest in the growth and development of the Charity. This has been reviewed in light of the current COVID-19 pandemic.

For this purpose and in line with Charity Commission good practice guidance the Charity will continue to maintain unrestricted reserves at a level that would meet a minimum of 3 months core operational costs.

As of 31st March 2020, the Charity hold reserves as follows:

Reserve components	Inclusive of FR liability (see no		Exclusive of FRS 1 liability	102 Pension	
	2020	2019	2020	2019	
	£	£	£	£	
Restricted funds	650	6,056	650	6,056	
Unrestricted funds	137,591	77,787	159,384	145,350	
Designated funds	-	-		-	
TOTAL FUNDS	138,241	83,843	160,034	151,405	
Free reserves	132,808	75,455	154,601	143,018	

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Financial review (continued)

Our core operational costs for 3 months in accordance with our income & expenditure forecast for the year ended 31st March 2021, as revised for the impact of COVID-19 are £107,000. This is the minimum adequate level for free reserves. At the above level, the Trustee Board consider that this is within an acceptable range and enables the Charity to properly deliver restricted activities as well as the ability to invest in diversifying its range of programmes and income streams to serve its charitable mission and to sustain it into the future.

c. Principal risks and uncertainties

Using the Charity Commission Guidelines Energize has identified its major risks to be as follows. All of these Risks remain under regular review and the economic, social and environmental changes introduced by the Covid-19 Lockdown require these existing Risks (and potential new Risk) to be viewed in this new context

Governance Risks

- It is a risk for Energize that the Board and the staff team make up does not reflect the diverse communities that it serves and in order to tackle this risk we have drafted a Diversity Action Plan and continue to gain expert support from Sport England and other specialist agencies as appropriate.
- Like many organisations Energize risks losing continuity if it loses key people particularly the Chair and CEO at the same time and work continues to mitigate this by better sharing key tasks and understanding of the strategy. Although a structured process of Chair recruitment and handover took place unfortunately due to a number of reasons the new Chair, James Williamson, felt unable to continue in the post and resigned at the end of April 2020. Ray Sheldon has taken over as Chair for the foreseeable future while a recruitment process is undertaken to fill the position on a longer-term basis.

Operational Risks

- As a public funded organisation and local charity Energize is required to deliver social outcomes from its
 work and to be able to tangibly demonstrate these in order to do this the organisation is considering
 investment into a measurement and monitoring tool and regime. Information and data has been
 collected previously and is used both with local partners and to drive further improvements.
- The new financial climate and national strategy is placing increasing demands on Energize and its staff
 and these create the risk of stress, stretch and capacity issues on the organisation the new strategy
 has provided greater clarity and support but the breadth and the depth of the work is still extensive.
 Board and Senior Management Team continue to explore decisions / make protocols to ensure the
 organisation remains focused and on message.
- The Coronavirus outbreak and its associated changes in national strategy as well as Energize's working
 environment potentially places staff at more risk of suffering from excessive stretch and stress. Senior
 Management Team and Board are reviewing relevance of current strategy in line with individual work
 programmes and a home working policy is being developed to support maintenance of positive and safe
 work environment.
- Working with more vulnerable individuals and groups places some of the staff at risk of health and safety incidents and the effectiveness of the lone working and other related health and safety policies continue to be closely monitored and annually reviewed by Senior Management Team.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Financial review (continued)

Financial Risks

Energize is still a comparatively young charity which has limited reserves and is working hard to find the
right balance between maintaining a level of reserves which is prudent and investing to grow as an
organisation and achieve increased impact and longer-term sustainability.

Senior Management Team and Audit Committee have reviewed the income and expenditure forecasts since the Coronavirus outbreak and revised likely levels of fees and charges based on situation to date further impact will continue to be monitored through 20/21. N.B. a large proportion of Energize income is via grants from Sport England and these were confirmed, with flexibilities to use as necessary in keeping with Active Partnership role, through to March 2022.

External Risks

Working with vulnerable children and adults expose Energize to incidents including safeguarding and
data protection. Policies and practices in these key areas continue to be utilised and monitored with
oversight from Board and all staff are receiving support / training to incorporate into their daily routines as
relevant. The area continues to be monitored closely by Senior Management Team in concert with Board
Champion for Safeguarding.

With Sport England strategy review taking place linked to future funding it is important that Energize
engage with this whilst continuing to demonstrate rigorous performance management and
improvement which is being monitored on a quarterly basis by Board.

Compliance and Legal Risks

Like all companies and charities Energize has a range of laws and guidelines that it must demonstrate
compliance with and now that Sport England have declared that achievement of UK Governance Code
for Sport level 3 compliance has been achieved too there is a need to ensure continued practice in line
with this code. Audit committee will continue to monitor this with support and input from the Chief
Executive and Company Secretary.

Structure, governance and management

a. Constitution

The Energize Shropshire, Telford & Wrekin County Sports Partnership ('Energize STW') is a company limited by guarantee registered in England and Wales, no. 8066413, and registered Charity no. 1147861. Energize was incorporated on May 11th 2012 and registered as a Charity on 27th June 2013. Energize STW is governed by its Memorandum and Articles of Association as amended on 1st October 2012, 22nd October 2015 and 23rd November 2017.

b. Methods of appointment or election of Trustees

The direction and management of the charitable company is the responsibility of the Trustees who are elected and co opted under the terms of the Articles of Association.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Structure, governance and management (continued)

c. Organisational structure and decision-making policies

The Trustees, who are also the Directors for the purpose of Company Law, who served year Commencing 1st April 2019 and Ended 31st March 2020, are as follows:

- D. Sherratt Chairman (until 24th October 2019)
- J. Williamson Chairman (from 24th October 2019 to 29th April 2020)
- R. Sheldon formerly Senior Independent Director appointed Chair from 29th April 2020
- B. Nicholls
- K. Dobson
- F. Fortune
- L. Izquierdo
- J. Buckley
- J. Minor (Local Authority Trustee co-opted until May 2019)
- L. Picton (Local Authority Trustee co-opted until May 2019)

During the year ended 31st March 2020, Energize STW continued to be governed by a Board Trustees, as listed above, who also act as the Directors for the purposes of Company Law. The Board of Trustees meets every quarter to discuss the strategic direction and financial condition of the charity, ensure its core aims and objectives are met in the most efficient way and to take account of any risks to the charity and to make sure that all legal obligations are satisfied. Additionally, the following Board Committees meet on either a bi annual or quarterly basis to discuss specific areas of performance or compliance, which is then fed back to the wider board for their full understanding and approval.

- o Audit Committee Chaired by K. Dobson
- o People Committee Chaired by B. Nicholls
- o Customer Sub Group Chaired by L. Izquierdo
- o Operational Performance Chaired by F. Fortune
- o Remunerations Committee (which meets annually) Combined contribution from Board Chair, People Committee and Audit Committee
- o Nominations Committee Chaired by R. Sheldon (Senior Independent Director)

Additionally, L. Izquierdo champions Equality & Diversity and Safeguarding. Copies of Energize Diversity Policy and Diversity Action Plan are found on the website. In summary, Energize STW is an equal opportunity employer which seeks to recruit a workforce with diverse backgrounds and skills. Energize STW makes its services available to all and will go out of its way to educate its staff in order to maintain these values and open up opportunities to all. Energize publishes diversity charts for its Board and staff on it's website.

The Board Committee Chair and Champion Roles for each Trustee were set and reviewed within the year, together with the formation of a newly appointed Nominations Committee, which was chaired by the Senior Independent Director, Ray Sheldon.

At the AGM of November 2019 both D. Sherratt and J. Buckley were retired by rotation in accordance with the Articles. D. Sherratt retired fully, having served on the Trustee Board since 2012 with J. Buckley re appointed to serve up to a further 4 years.

For the year ended 31st March 2020, the Board of Trustees therefore consisted of an average of 7 Trustees from the public, private and voluntary sectors. None of these Directors/Trustees receives any remuneration for their time or efforts other than reimbursement of out of pocket expenses. None of the Trustees has any personal pecuniary beneficial interest in the company.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Structure, governance and management (continued)

All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up of the company.

Decision making within the organisation is undertaken in accordance with the Board Reserve Powers and Delegations of Authority which in particular draws on our more detailed Financial Procedures Manual.

Upon appointment, all Trustees sign an Engagement Agreement that sets out the duties and commitment expected of a Trustee during their period of appointment. Separate agreements are signed by the Chair and each Board Committee Chair/Champion. Furthermore, each Trustee is asked to sign a Conflicts of Interest document each year and to update this at each quarterly Board meeting and is also required to sign and adhere to a Directors Code of Good Conduct.

Energize STW can confirm that there have been no significant declarations of conflicts of interest during the past year.

The Company does not recognise any individual Director as a person of 'Significant Influence or Control'. The Board is supported by Energize STW's Chief Executive and operational staff team, who conduct day to day business.

As a Charity and Company Ltd by Guarantee Energize aims to achieve high standards of Governance and we ensure that this happens in the following ways:

- We can evidence how we meet the criteria detailed with the UK Governance Code for Sport, without deviation. We regularly review our compliance with the Code and include this review as a regular agenda item at Audit Committee level.
- Policy and procedure documents are annually reviewed and approved in rotation, including our Financial Procedure Document, which is overseen by the Audit Committee and approved at full Board level.
- Terms of Reference for each sub committee, including Audit Committee, have been reviewed and redrafted in a standard format and were recently approved at Board level.
- Energize STW publicly displays, through its website, copies of our key financial accounts; strategy;
 Governance Structure and Review; Articles of Association; Equality & Diversity policy and diversity review.
- We have established a Nominations Committee to further develop Board. The Nominations Committee
 is Chaired by Senior Independent Director or Board Chair as the occasion requires. The terms of
 reference for the Nominations Committee are available upon request.
- We use the expertise of our People Committee to review our staff and volunteer satisfaction / motivation and remuneration and rewards policies.
- We review Trustee skills and conduct review and development meetings with both Trustees and staff annually, together with an annual staff satisfaction survey.
- Systems of Internal Control are reviewed, and Risk Management Policy and procedure are overseen at Audit committee level and presented to the wider Board for approval. Ongoing review of risk is carried out at Senior Management Level and mitigation reviewed by the Audit Committee and presented to the wider board in the form of a risk dashboard.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Structure, governance and management (continued)

Covid-19 response and review

The Covid-19 pandemic and associated lockdown has created a very different working environment for Energize, it's staff and volunteers and indeed the stakeholders and beneficiaries of the charity.

Energize continues to seek advice and guidance from the following organisations during this time

- Sport England and associated guidance groups (e.g. Sports Governance Association)
- The Active Partnerships Network
- Sport & Recreation Alliance
- Charity Commission
- Companies House
- Government website Covid-19 guidance

We have taken the following steps to manage the organisation and our operations during this period;

- A full review and update of income and expenditure forecast has taken place for 2020/21 trading income and income from sponsorship/fundraising are likely to be affected during this year
- 2. A detailed cashflow analysis has been undertaken investment in fixed savings deposit was discontinued during this time
- 3. A review of operations with all events postponed in line with government guidelines and future activities / promotions adhering to lockdown and social distancing policies
- 4. An update of work programmes for all staff all of whom have transitioned to home working and none of whom have been furloughed during the lockdown
- 5. Regular communication with Board (weekly update) and appropriate Champions / Sub Committees as necessary
- 6. A review of Board Terms of Reference and delegations of authority to ensure these remain appropriate for the circumstances (this is being undertaken)

Energize STW requires all Trustees, Company Secretary and staff to undertake induction and continuing professional development to familiarise themselves with the political, funding and delivery environment in which the company operates; to set out their respective roles and responsibilities; and to ensure accountability and compliance with statutory Charity and Company Law.

The Energize Strategy, 'Actively Improving Lives' was launched in the summer of 2018 and is published on the Energize website for public review and which is enacted through our Operational Plan.

Energize STW can show defined purpose, mission and values, which are reviewed and developed through consultation with both Trustees and staff.

Quality and Control:

Energize STW has identified Key Performance Indicators which feed into a Performance Dashboard which is reported quarterly to Board.

We adhere to internal and external control processes, including those which effectively monitor financial control. Whittingham Riddell were re appointed by the Board as our external Auditors for the year, following a rigorous selection process to appoint them in the year 2017/18. The appointment of Auditors is approved annually and reviewed every 3 to 4 years. Presentation of Financial Statements is reviewed through monthly management accounts with the Chief Executive, quarterly trustee reports with the Audit Committee and wider Board and annually by our external Auditors. Annual financial reports are approved by the wider Board or Trustees.

ENERGIZE SHROPSHIRE TELFORD AND WREKIN

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

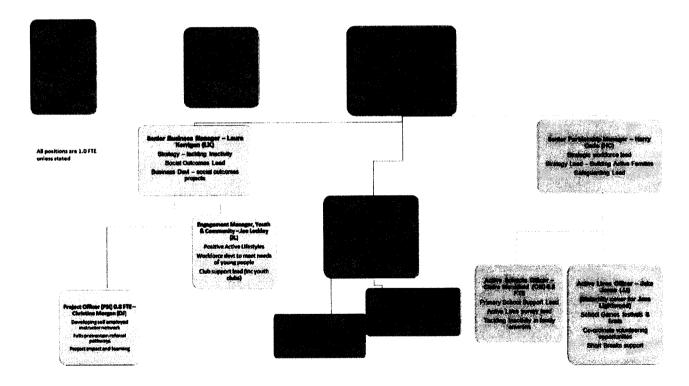
Structure, governance and management (continued)

Energize STW retain Cyber Essentials accreditation signaling their commitment to data security. Staff are educated in GDPR policy and a procedure is in place to record any data breaches regardless of their severity. There were no significant lapses in data security during the reported year.

Energize are an Active Partnership and as such a member of the Active Partnerships national federation which helps us both to share experiences and insight and also learn from others as well as working collaboratively when required. However, it does not interfere with the organisation's independence. Energize is also a member of the Sport & Recreation Alliance, Activity Alliance and a CIMSPA employer partner. At a local level Energize is a member of the Voluntary and Community Assembly and Shropshire Provider Consortium – none of which interfere with the independence of the organisation.

Energize Staff Structure

The Energize staff structure is detailed in the diagram below;



TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Structure, governance and management (continued)

d. Risk management (including financial risk management)

The Trustees, via the Audit Committee, have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company. Subject to ongoing oversight and periodic review, the Trustees are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charitable Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any
 material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charitable Company's transactions and disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditors

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of
 any relevant audit information and to establish that the charity's auditors are aware of that information.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Ray Sheldon

Date: 16/7/2020

ENERGIZE SHROPSHIRE TELFORD AND WREKIN

(A company limited by guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ENERGIZE SHROPSHIRE TELFORD AND WREKIN

Opinion

We have audited the financial statements of Energize Shropshire Telford and Wrekin (the 'charitable company') for the year ended 31 March 2020 which comprise the Statement of Financial Activities, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2020 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the Trustees have not disclosed in the financial statements any identified material uncertainties that may
 cast significant doubt about the charitable company's ability to continue to adopt the going concern basis
 of accounting for a period of at least twelve months from the date when the financial statements are
 authorised for issue.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ENERGIZE SHROPSHIRE TELFORD AND WREKIN (CONTINUED)

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ENERGIZE SHROPSHIRE TELFORD AND WREKIN (CONTINUED)

Auditors' responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' report.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Whittingham Riddell LLP
Shrewsbury Business Park

24th July 2020

Belmont House Shrewsbury

SY2 6LG

Date:

Whittingham Riddell LLP are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2020

		Restricted funds 2020	Unrestricted funds 2020	Total funds 2020	Total funds 2019
	Note	£	£	£	£
Income from:					
Donations and legacies	4	482,600	6,700	489,300	494,857
Charitable activities	5	-	121,779	121,779	84,537
Investments	6	-	735	735	735
Total income		482,600	129,214	611,814	580,129
Expenditure on:	•				
Charitable activities	7	482,600	74,816	557,416	586,386
Total expenditure	,	482,600	74,816	557,416	586,386
Net income		-	54,398	54,398	(6,257)
Transfers between funds	16	(5,406)	5,406	-	-
Net movement in funds		(5,406)	59,804	54,398	(6,257)
Reconciliation of funds:			=		
Total funds brought forward		6,056	77,787	83,843	90,100
Net movement in funds		(5,406)	•	54,398	(6,257)
Total funds carried forward		650	137,591	138,241	83,843

The notes on pages 28 to 46 form part of these financial statements.

ENERGIZE SHROPSHIRE TELFORD AND WREKIN

(A company limited by guarantee) REGISTERED NUMBER: 08066413

BALANCE SHEET AS AT 31 MARCH 2020

	Note		2020 £		2019 £
Fixed assets					
Tangible assets	13		5,404		3,926
		_	5,404	_	3,926
Current assets					
Debtors	14	14,183		10,475	
Cash at bank and in hand		297,799		295,631	
	-	311,982	_	306,106	
Creditors: amounts falling due within one year	15	(157,352)	_	(158,626)	
Net current assets	•		154,630		147,480
Total assets less current liabilities		•	160,034	_	151,406
Net assets excluding pension liability		•	160,034	_	151,406
Defined benefit pension scheme liability	21		(21,793)		(67,563)
Total net assets			138,241	=	83,843
Charity funds					
Restricted funds	16		650		6,056
Unrestricted funds	16		137,591		77,787
Total funds			138,241	-	83,843

The entity was entitled to exemption from audit under section 477 of the Companies Act 2006. The members have not required the entity to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006. However, an audit is required in accordance with section 144 of the Charities Act 2011. The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements. The financial statements have been preapred in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf

Ray Sheldon Date 16/07/2020

The notes on pages 28 to 46 form part of these financial statements.

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2020

Note	2020 £	2019 £
18	6,520	(30,455)
_		
	(4,352)	-
	(4,352)	-
	2,168	(30,455)
	295,631	326,086
19	297,799	295,631
	18 -	(4,352) ————————————————————————————————————

The notes on pages 28 to 46 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

1. General information

Energize Shropshire Telford and Wrekin is a company limited by guarantee registered in England and Wales, no. 8066413, and registered Charity no. 1147861. Energize STW is governed by its memorandum and Articles of Association as amended on 1st October 2012 and 22nd October 2015.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Charitable Company has elected to apply all amendments to FRS 102, as set out in the Financial Reporting Council's triennial review published in December 2017, and included in Update Bulletin 2 to the Charities SORP (FRS 102), prior to mandatory adoption for accounting periods beginning on or after 1 January 2019.

Energize Shropshire Telford and Wrekin meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

Having considered future plans and forecast financial budgets, the Trustees confirm that they are not aware of any material uncertainties with regard to the the Charitable Company's ability to continue as a going concern for the foreseeable future and therefore have prepared these financial statements on the going concern basis.

The Trustees have also assessed the potential impact on the future operations of the Charitable Company with regard to the Covid-19 outbreak. The Charitable Company is considered to be well positioned given the current environment with no impact on the going concern basis of the financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

2. Accounting policies (continued)

2.3 Income

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Where the donated good is a fixed asset, it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset class and depreciated over the useful economic life in accordance with the Charitable Company's accounting policies.

On receipt, donated professional services and facilities are recognised on the basis of the value of the gift to the Charitable Company which is the amount it would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Support costs are those incurred directly in support of expenditure on the objects of the charitable company and include project management carried out at Headquarters. Governance costs are those incurred in connection with administration of the charitable company and compliance with constitutional and statutory requirements.

Charitable activities and Governance costs are costs incurred on the charitable company's educational operations, including support costs and costs relating to the governance of the charitable company apportioned to charitable activities.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

2. Accounting policies (continued)

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charitable Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charitable Company assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Fixtures and fittings - 25% Computer equipment - 33%

2.7 Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.9 Liabilities and Provisions

Liabilities and provisions are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charitable Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

ENERGIZE SHROPSHIRE TELFORD AND WREKIN

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

2. Accounting policies (continued)

2.10 Financial instruments

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

Defined contribution plan

The Charitable Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charitable Company to the fund in respect of the year.

Defined benefit plan

The company contributes to the Shropshire County Pension Fund ("the Fund" or "the Scheme") on behalf of one of its employees. The Fund is a defined benefit scheme providing pension and lump sum benefits at retirement based on final salary and length of service (both as defined in the Scheme Rules). The Scheme is a multi-employer scheme and whilst it is not possible to separately identify its share of the underling assets and liabilities, the Company is required to contribute towards the deficit on the Scheme.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charitable Company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

4. Income from donations and legacies

	Restricted	Unrestricted	Total	Total
	funds	funds	funds	funds
	2020	2020	2020	2019
	£	£	£	£
Donated Services and Facilities Grants	15,000	-	15,000	-
	4 67,600	6,700	474,300	494,857
Total 2020	482,600	6,700	489,300	494,857
Total 2019	494,857	-	494,857	

The equivalent cost of the donated services and facilities above is reflected in the charitable activities expenditure in note 9 as premises expenses.

Grants

	Restricted funds 2020 £	Unrestricted funds 2020	Total funds 2020 £	Total funds 2019 £
Grants				
Sport England - Coaching / workforce	37,590	-	37,590	40,313
Sport England - Primary Role	199,680	-	199,680	195,000
Sport England - DfE Volunteering	7,210	-	7,210	7,669
Sport England - Satellite Clubs	80,910	-	80,910	<i>83,053</i>
Sport England - Primary School Support	32,460	-	32,460	31,782
Sport England - Active Lives	4,480	-	4,480	3,573
Sport England - School Games	38,331	-	38,331	55,349
Shropshire Providers Consortium, Inclusively Fit (Big Lottery)	27,628	-	27,628	45,714
Social Investment Fund	-	-	-	750
WMPCC - More than Sport	33,478	-	33,478	31,252
Special Olympics	5,833	-	5,833	402
PSI Grant	-	6,700	6,700	-
Total 2020	467,600	6,700	474,300	494,857
Total 2019	494,857	-	494,857	

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

5. Income from charitable activities

6.

	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Shropshire Council - PSI Core	31,579	31,579	33,765
Shropshire Youth Activation	7,000	7,000	6,250
Sponsorship and Advertising	6,000	6,000	10,083
Training and Education	14,240	14,240	8,830
Trading services	21,032	21,032	5,662
Elevate	15,789	15,789	13,122
Workplace activity	17,484	17,484	6,825
Energize Your Workplace	4,470	4,470	-
Fundraising	4,185	4,185	-
Total 2020	121,779	121,779	84,537
Investment income			
	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Bank interest receivable	735	735	735

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

7. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Sport England - Coaching / workforce	37,590	-	37,590	40,314
Sport England - Primary Role	199,678	-	199,678	193,572
Sport England - DfE Volunteering	7,210	-	7,210	7,669
Sport England - Satellite Clubs	80,910	-	80,910	83,053
Sport England - School Games	38,331	-	38,331	55,349
Sport England - Primary School Support	32,460	-	32,460	32,541
Shropshire Providers Consortium, Inclusively Fit (Big Lottery)	27,628	-	27,628	45,899
Other Grants	57,665	6,700	64,365	32,405
Other trading, hosting and event income	1,128	68,116	69,244	95,584
Total 2020	482,600	74,816	557,416 ————	586,386 ————
Total 2019	489,189	97,197	586,386	

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

7. Analysis of expenditure on charitable activities (continued)

Summary by expenditure type

	Staff costs 2020 £	Depreciation 2020 £	Other costs 2020 £	Total funds 2020 £	Total funds 2019 £
Sport England - Coaching / workforce	31,317	_	6,273	37,590	40,314
Sport England - Primary Role	155,275	_	44,403	199,678	193,572
Sport England - DfE	100,210		,	,	,
Volunteering	5,053	-	2,157	7,210	7,669
Sport England - Satellite Clubs	40,544	-	40,366	80,910	83,053
Sport England - School Games	12,327	-	26,004	38,331	55,349
Sport England - Primary School Support	21,265	759	10,436	32,460	32,541
Other trading, hosting and event income	14,960	1,930	52,354	69,244	95,584
Shropshire Providers					
Consortium, Inclusively Fit (Big Lottery)	26,286	185	1,157	27,628	45,899
Other Grants	35,966	-	28,399	64,365	32,405
Total 2020	342,993	2,874	211,549	557,416	586,386
Total 2019	399,022	5,268	182,096	586,386	

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

8. Analysis of expenditure by activities

	Activities undertaken directly 2020	Support costs 2020 £	Total funds 2020 £	Total funds 2019 £
Sport England - Coaching / workforce	14,521	23,069	37,590	40,314
Sport England - Primary Role	-	199,678	199,678	193,572
Sport England - DfE Volunteering	2,157	5,053	7,210	7,669
Sport England - Satellite Clubs	37,642	43,268	80,910	83,053
Sport England - School Games	26,004	12,327	38,331	55,349
Sport England - Primary School Premium	10,436	22,024	32,460	32,541
Other trading, hosting and event income	52,354	16,890	69,244	95,584
Shropshire Providers Consortium, Inclusively Fit (Big Lottery) Other Grants	1,157 -	26,471 64,365	27,628 64,365	45,899 32,405
Total 2020	144,271	413,145	557,416	586,386
Total 2019	133,286	453,100	586,386	

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

9. Analysis of income and expenditure by fund provider

			Other public		
	Sport	Local	sector	Non public	
	England	Authority	income	income	Total 2020
	£	£	£	£	£
Income					
Revenue Grants	400,661	•	81,939	-	482,600
Commissions	-	47,367	7,000	-	54,367
Sponsorship	+	-	-	6,000	6,000
Other Income _		5,650	10,833	52,364	68,847
Total Income	400,661	53,017	99,772	58,364	611,814
Expenditure					
Other programme costs (direct costs)	45,643	15,826	70,401	-	131,870
Wages and salaries	303,278	32,625	24,815	- 17,725	342,993
Premises expenses	•	-	•	15,000	15,000
Legal and professional	5,244	-	•	1,031	6,275
Other office costs	26,222	3,050	458	1,620	31,350
Advertising and marketing	687	64	-	2,640	3,391
Staff training	1,465	-	-	41	1,507
Travelling	9,560	-	769	1,395	11,724
Sundry expenses	6,939		107	2,867	9,913
Other grants	•	•	-	•	-
Depreciation	1,104	-	154	1,616	2,874
Governance	519	•	-	<u>.</u>	519
Total expenditure	400,661	51,565	96,704	8,486	557,416
Net income/Expenditure	-	1,452	-	49,878	54,398

10. Auditors' remuneration

	2020 £	2019 £
Governance Auditors remuneration	6,186	5,874

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

a	4	CLASS	costs
7	1.	STAIL	COSIS

	2020 £	2019 £
Wages and salaries	336,319	350,772
Social security costs	27,532	27,951
Pension costs	(20,858)	20,299
	342,993	399,022

Included above in pension costs is the credit movement on the pension liability of £45,700 (2019: £3,237).

The average number of persons employed by the Charitable Company during the year was as follows:

	2020 No.	2019 No.
	14	
	2020 No.	2019 No.
Average headcount expressed as full time equivalent	13	14

No employee received remuneration amounting to more than £60,000 in either year.

Key management personnel received remuneration (including pension contributions) of £65,041 (2019: £63,765) during the year.

12. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2019 - £NIL).

During the year ended 31 March 2020, expenses totaling £449 were reimbursed or paid directly to 3 Trustees (2019 - £NIL)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

13.	Tangible fixed assets			
		Fixtures and fittings	Computer equipment £	Total £
	Cost or valuation			
	At 1 April 2019	5,967	22,646	28,613
	Additions	-	4,352	4,352
	At 31 March 2020	5,967	26,998	32,965
	Depreciation			
	At 1 April 2019	5,967	18,720	24,687
	Charge for the year	-	2,874	2,874
	At 31 March 2020	5,967	21,594	27,561
	Net book value			
	At 31 March 2020	-	5,404	5,404
	At 31 March 2019	-	3,926	3,926
14.	Debtors			
			2020	2019
			£	£
	Due within one year			
	Trade debtors		10,715	3,626
	Prepayments and accrued income		3,468	6,849
			14,183	10,475

ENERGIZE SHROPSHIRE TELFORD AND WREKIN

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

15.	Creditors: Amounts	falling due within one year
15.	Creators, Amount	iaiiiig uue wiliiii one year

	2020 £	2019 £
Trade creditors	14,044	4,131
Other taxation and social security	8,355	10,685
Other creditors	3,624	3,239
Accruals and deferred income	131,329	140,571
	157,352	158,626
	2020 £	2019 £
Deferred income at 1 April 2019	134,787	156,519
Resources deferred during the year	502,268	570,239
Amounts released from previous periods	(512,271)	(591,971)
	124,784	134,787

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

16. Statement of funds

Statement of funds - current year

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2020 £
Unrestricted funds					
General Funds - all funds	77,787	129,214	(74,816)	5,406	137,591
Restricted funds					
Sport England - Primary Role	2,919	199,680	(199,680)	(2,919)	-
Sport England - Primary School Support	2,116	32,460	(32,460)	(1,518)	598
Shropshire Providers Consortium, Inclusively Fit (Big Lottery)	422	27,597	(27,597)	(370)	52
WMPCC - More Than Sport	599	33,509	(33,509)	(599)	-
Sport England - Dfe Volunteering	-	7,210	(7,210)	-	-
Sport England - Satellite Clubs	-	80,910	(80,910)	-	-
Sport England - School Games	-	38,331	(38,331)	-	-
Sport England - Coaching /Workforce development	-	37,590	(37,590)	-	-
Sport England - Active Lives	-	4,480	(4,480)	-	-
Special Olympics	-	5,833	(5,833)	-	-
Reach Access Fund	-	15,000	(15,000)	-	-
	6,056	482,600	(482,600)	(5,406)	650
Total of funds	83,843	611,814	(557,416)	-	138,241

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

16. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2018 £	Income £	Expenditure £	Balance at 31 March 2019 £
Unrestricted funds	~	~	~	
General Funds - all funds	84,044	<u>85,272</u>	(91,529)	77,787
Restricted funds				
Sport England - Primary Role	2,919	195,000	(195,000)	2,919
Sport England - DfE volunteering	-	7,669	(7,669)	-
Sport England - Satellite clubs	-	83,053	(83,053)	-
Sport England - Primary School Support	2,116	31,782	(31,782)	2,116
Sport England - School Games	-	55,349	(55,349)	-
Sport England - Coaching/ workforce development	-	40,313	(40,313)	-
Sport England - Active Lives	-	3,573	(3,573)	-
Shropshire Providers Consortium, Inclusively Fit (Big Lottery)	422	45,714	(45,714)	422
WMPCC - More than Sport	599	28,121	(28,121)	599
WMPCC - More than Sport Delivery	-	3,131	(3,131)	-
Special Olympics	-	402	(402)	-
IFP Sustain Pot	-	750	(750)	-
	6,056	494,857	(494,857)	6,056
Total of funds	90,100	580,129 	(586,386)	83,843

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

Funds:

Sport England - Primary Role - This provides financial support to enable the effective delivery of the Active Partnership (previously County Sport Partnership) core specification and covers back office costs.

Sport England - DfE Volunteering - Fund to identify and deploy volunteers 16 years +. Some focus is centred around level 2 of the School Games programme.

Sport England - Satellite Clubs - To work with National Governing Body's ("NGBs") to identify suitable facilities to host community clubs. Creating community and educational links. Assessing local need to identify potential audiences.

Sport England - Primary School Support - Funding to assist effective delivery of the Active Partnership (previously CSP) Primary School Support Plan. To offer guidance and support to Primary schools in their development of physical activity for children.

Sport England - School Games - Sport England funding for the delivery of L.3 County wide Schools Sports festivals.

Sport England - Coaching/Workforce development - A programme designed to fund the development of a skilled multi-sport coaching/workforce network. Use of local insight to provide meaningful support where needed.

Sport England - Active Lives - Funding to promote and co-ordinate the Active Lives Survey through schools.

Shropshire Providers Consortium. Inclusion Funding - A Big Lottery Reaching Communities Fund which paid for and resourced the Shropshire's Inclusion Officer. Working in partnership the project targeted adults with disabilities whose quality of life could be improved through physical activity and social inclusion.

WMPCC - More than Sport - Funding from West Midlands Policy and Crime Commissioner to pay for and resource the More Than Sport Officer. The purpose was to work with referrals from partnership agencies to support individuals who are at risk of offending. This grant programme concluded in March/April 2020.

Special Olympics - Funding from Special Olympics GB to source and promote Special Olympics participation.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

17. Analysis of net assets between	n funds
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Analysis of net assets between funds - current period

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	650	4,754	5,404
Current assets	94,731	217,251	311,982
Creditors due within one year	(94,731)	(62,621)	(157,352)
Provisions for liabilities and charges	-	(21,793)	(21,793)
Total	650	137,591	138,241
Analysis of net assets between funds - prior period			
	Restricted	Unrestricted	Total
	funds	funds	funds
	2019 £	2019 £	2019 £
Tangible fixed assets	1,594	2,332	3,926
Current assets	98,089	208,017	306,106
Creditors due within one year	(93,627)	(64,999)	(158,626)
Provisions for liabilities and charges	-	(67,563)	(67,563)
Total	6,056	77,787	83,843

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

18.	Reconciliation of net movement in funds to net cash flow from operating activities					
			2020 £	2019 £		
	Net income for the period (as per Statement of Financial Activit	ies)	54,398	(6,257)		
	Adjustments for:					
	Depreciation charges		2,874	5,407		
	Decrease/(increase) in debtors		(3,708)	10,760		
	Decrease in creditors		(1,274)	(37,128)		
	(Decrease)/Increase in pension liability		(45,770)	(3,237)		
	Net cash provided by/(used in) operating activities		6,520	(30,455)		
19.	Analysis of cash and cash equivalents		2020	2019		
			£	£		
	Cash in hand		297,799	295,631		
	Total cash and cash equivalents		297,799	295,631		
20.	Analysis of Net Debt					
		At 1 April 2019	Cash flows	At 31 March 2020		
	Cash at bank and in hand	£ 295,631	£ 2,168	£ 297,799		
			2,168			

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

21. Pension commitments

Defined contribution plans

The charitable company operates a defined contributions pension scheme. The asserts of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund and amounts to £12,673 (2019: £9,503). Contributions totaling £nil (2019: £nil) were payable to the fund at the balance sheet date and are included in creditors.

Defined benefit plans

The company contributes to the Shropshire County Pension Fund ("the Fund" or "the Scheme") on behalf of one of its employees. The Fund is a defined benefit scheme providing pension and lump sum benefits at retirement based on final salary and length of service (both as defined in the Scheme Rules). The Scheme is a multi-employer scheme and whilst it is not possible to separately identify its share of the underling assets and liabilities, the Company is required to contribute towards the deficit on the Scheme.

As at 31 March 2019, the Scheme was 84% funded (based on the assumptions which underpinned the last Triennial Valuation of the Fund as at that date) and a deficit recovery period of 20 years, effective from 1 April 2019, has been put in place. From April 2020 levels are set at 20.8% which includes 3.4% in respect of the deficit and 0.8% McCloud estimated cost.

In accordance with section 28.11A and 28.13A of FRS 102 the Company recognises a defined benefit pension plan liability on its Statement of Financial Position. The liability is calculated by reference to expected salary increases and remaining working lives of members before they reach pensionable age over the deficit period and using the current level of inflation as at the balance sheet date.

The total contributions (employee and employer) payable by the Company to the Fund in the period amounted to £17,124 (2019: £16,788).

The state of the financial position pension liability is determined as follows:

Pension Liability

2020 £	2019 £
67,563	70,800
(17,124)	(16,788)
(28,646)	13,551
21,793	67,563
	£ 67,563 (17,124) (28,646)

22. Related party transactions

There we no related party transactions during the year.